



- Staff Activity -

Maslow First, Then Blooms

Objective: Connecting Supporting and Encouraging Educators and Students

Estimated Time: Varies

Materials: None

Talk Together - Hold Class Meeting

- Host a virtual “Hang Out” with staff and/or students if you are unable to meet in person.
- Record a video of yourself sharing your number and posing the class meeting questions. Have your participants respond at their leisure (post a written response, etc.)

Check in. Communicate how you are doing and assign it a number 1-5. Make sure to model and be vulnerable.

1 = I am struggling

5 = I am great

“I am a 5 today because it is my birthday and I will eat some cake later”

“I am a 3 today. I woke up tired and I am worried about my students.”

“I am a 1 right now. I am feeling sick and it is weighing on my mind”

Participants can just check in with a number if they do not want to communicate the reasons they are struggling. This gives the facilitator a list and a reason to check in specifically with struggling participants to offer encouragement and support.

Once the needs of the class/group are met, then a transition to learning can happen.

Make sure to set ground rules to make the meeting safe for all to share. Creating a sense of belonging and safety is essential for a successful meeting.