



- Guidance Lesson -

Three-Two-One Activity

Objective: Create connections and provide an opportunity for introductions.

Estimated Time: 15-20 minutes

Materials: sticky notes or note cards, pen/pencils, large poster paper, tape

Activity/Discussion:

1. Ensure students have access to supplies. Explain that Three-Two-One is a way to get to know each other, answer questions, and set a goal for the year. Here are the guidelines:
2. **Three:** write 3 interesting things about yourself or things you would like people to know about you (don't put your name on it). Stick it to board/poster labeled "Guess Who?".
3. **Two:** write 2 questions you would like answered in regards to this class or school year. Stick it to board/poster labeled "Good to know"
4. **One:** write one goal you would like to set for yourself in regards to this class or school year. Keep this for sharing time at the end.
5. Allow 5-10 minutes for students to complete this activity.
6. **Three:** read aloud the facts and have the class try to guess who wrote it.
7. **Two:** Read through questions and provide answers/explanations or resources if needed.
8. **One:** Have students read aloud their goals for the class or year.

Student Reflection:

1. If there was more information about yourself that you wanted to share with your teacher how would you handle that?
2. What steps will you take to reach the goal you have set?
3. In your opinion, are there benefits of icebreaker/introduction activities like this one? If not, what other ideas do you have for ways your teacher can create positive connections within their classroom?