



- Guidance Lesson -

Dear Santa:

Objective: Provide an opportunity for students to reflect upon the true “spirit” of Christmas without the influence of material objects

Estimated Time: 20-30 minutes

Materials: Dear Santa printables, pens/markers, Christmas music, hot cocoa(optional)

Activity/Discussion:

1. Have Christmas music playing and pass out hot cocoa, if possible. The goal is to set the Christmas mood.
2. Explain to students that they are going to write their christmas list to Santa.
3. Pass out the blank Dear Santa letters and have colored pencils and pens available.
4. Before students start writing their lists let them know that there is one major rule that they must follow.

They are not allowed to write anything that can be bought with money.

5. Allow students 5 minutes without any other explanation. Continue to remind them to be creative to come up with a list they would like to give to Santa.

Reflection:

1. How hard was it to create a list without being able to write material things?
2. Here are some ideas: time spent with a certain person, visiting a particular place, feelings, something they would wish for another person, etc.
3. Now take 5 more minutes to add to your list.
4. Have students share their list with another person and then with the class.

Finishing touch:

- Students can decorate their list and they can be hung on a bulletin board titled: Dear Santa: “campus + mascot” know the true meaning of Christmas.



Dear Santa,

This year for Christmas I want:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Happy Holidays,
